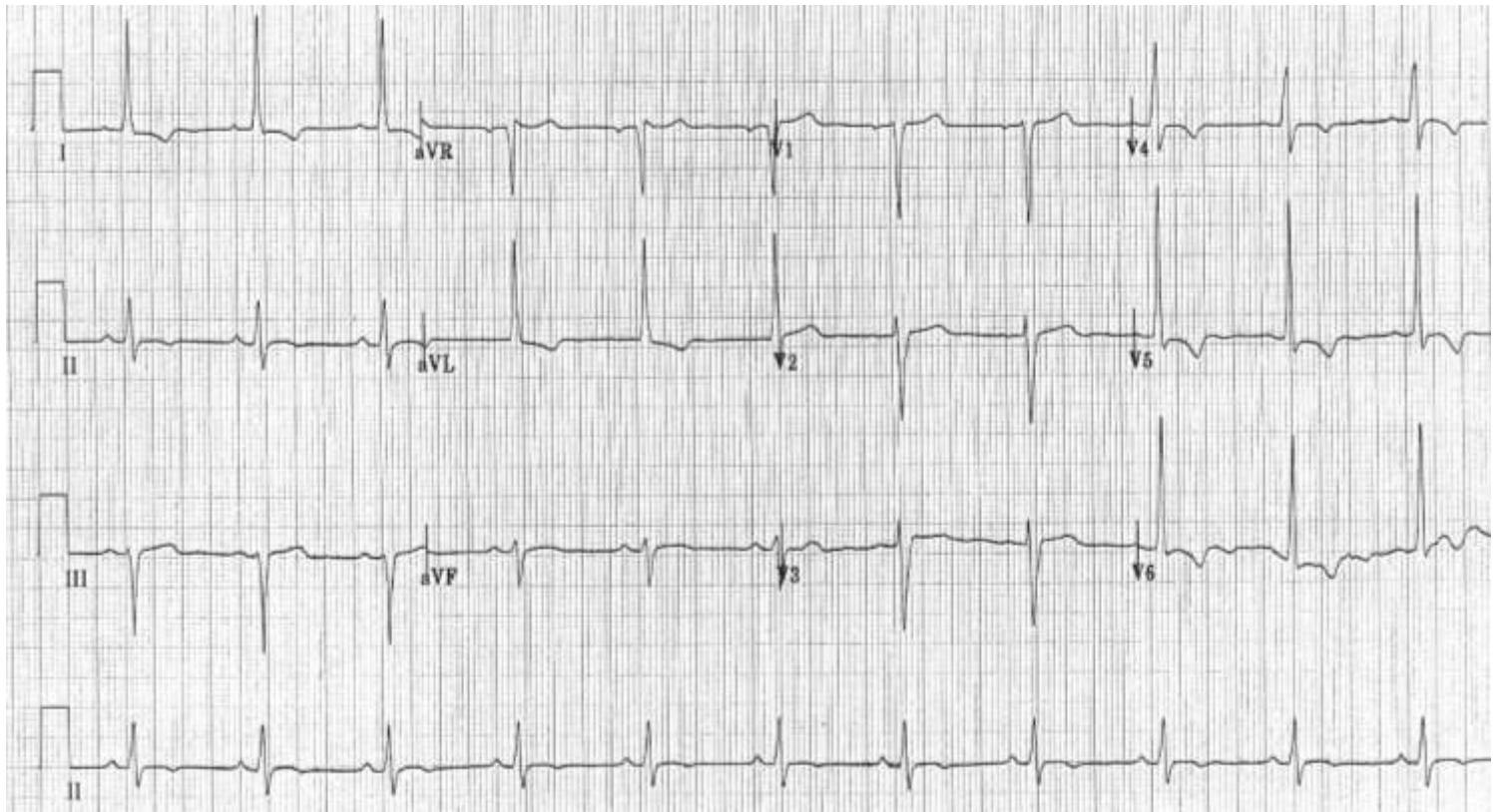


ECG Basics - Reading ECGs
Template and Practice ECG
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Rate: _____ bpm
 Rhythm: _____
 Axes:
 P wave axis: _____ normal; _____ abnormal (normal 0- to 90°)
 QRS axis: _____ normal; _____ left axis; _____ right axis; _____ superior axis (normal -30 to 90°)
 T wave axis: _____ normal; _____ abnormal; _____ opposite QRS axis (normal -30 to 90° or within 45° of the QRS axis)
 Intervals:
 PR interval: _____ normal; _____ prolonged; _____ short (normal 0.12 to 0.20 seconds)
 QRS interval: _____ normal; _____ prolonged (normal 0.08 to 0.12seconds)
 QT interval: _____ seconds; _____ < ½ the RR interval
 RR interval: _____ seconds
 √RR interval: _____
 QTc interval: _____ seconds (normal 0.36 to 0.45)
 Waveforms:
 P waves: _____ left atrial abnormality; _____ right atrial abnormality; _____ none
 Q waves: _____ not present; _____ present (Leads: _____ inf; _____ septal; _____ ant; _____ lat)
 QRS complex: _____ tall for LVH; _____ small for low voltage; _____ wide for BBB; _____ Tall narrow R wave V1 for RVH or Post MI; _____ R wave < 3mV in V3 (poor R wave progression); _____ Abnormal transition (not in V3 or V4)
 ST & T waves: _____ ischemia; _____ secondary changes; _____ non-specific changes
 ECG Diagnoses: _____

 Clinical Diagnoses: _____

Practice ECG



Rate: 66 bpm
 Rhythm: Normal sinus rhythm
 Axes:

P wave axis: +60° (normal 0- to 90°)
QRS axis: -15° (normal -30 to 90°)
T wave axis: +150° (normal -30 to 90° or within 45° of the QRS axis) - in this case the T wave axis is opposite to the QRS axis (~180°).

Intervals:

PR interval: 0.14 seconds (normal 0.12 to 0.20 seconds)
QRS interval: 0.08 seconds (normal 0.08 to 0.12seconds)
QT interval: 0.36 seconds
RR interval: 0.92 seconds
VRR interval: 0.96
QTc interval: 0.38 seconds (normal 0.36 to 0.45)

Waveforms:

P waves: No left or right atrial abnormalities
Q waves: No significant contiguous Q waves
QRS complex: Left ventricular hypertrophy (LVH)
ST & T waves: Secondary changes due to LVH; cannot exclude lateral ischemia

ECG Diagnoses: Normal sinus rhythm

Left ventricular hypertrophy with secondary ST & T wave changes

Cannot exclude lateral ischemia

Clinical Diagnoses: Left ventricular hypertrophy